



Pick-Up Menu

***All items are packed in
foil containers***

Call: 508.687.3133
Email: saltoftheearthplymouth@gmail.com

HORS D'OEUVRES

25PC/50PC

GOLD OPTIONS

- Shrimp Cocktail* 60/115
- Spicy Shrimp Guacamole 45/85
- Smoked Salmon Cucumbers 45/85
- Lobster Filo* 65/125
- Assorted Seafood Crostinis* 70/135
- Tuna Wonton/Wasabi Aioli 45/85
- Fresh Shucked Oysters* 60/115
- Fresh Shucked Littlenecks 60/115
- Mini Lobster Rolls 70/135
- Deviled Eggs 28/51
- Gorgonzola Portobello Crostinis 30/55
- Bruschetta Crostinis 25/45
- Tomato Mozzarella "Skewers" 25/45
- Wild Mushroom Polenta Points 28/51
- Greek "Salad" Brochettes 28/51
- Seasonal Fruit Skewers 25/45
- Prosciutto Wrapped Asparagus 35/65
- Duck and Fig Toast Points* 45/85
- Beef Tartar Crostini* 65/115
- Charcuterie Skewers 65/115
- Bloody Mary Poached Shrimp 65/115
- Chix Salad Roll-Up 45/85
- Snow Crab Cocktail 75/140

HOT OPTIONS

- Crab Cakes* 60/115
- Bacon Wrapped Scallops* 70/135
- Fire Cracker Shrimp* 70/135
- Prosciutto Shrimp* 72/139
- Coconut Shrimp* 70/135 70/135
- Tempura Shrimp* 70/135
- Oysters Rockefeller* 73/141
- Clams Casino* 73/141
- Bacon Wrapped Chicken 25/45
- Wings (Your Way) 40/75
- Chicken Tenders (Your Way) 35/65
- Teriyaki Chicken 33/61
- Lemon Chicken Brochettes 35/65
- Italian Meatballs 28/51
- Beef Satay 40/75
- Stuffed Potato Skins with Bacon 25/45
- Peppered Pork Belly 25/45
- Pigs in a Blanket 28/51
- Lollipop Lamb* 70/135
- Spring Rolls 33/61
- Spinach and Feta Pies 30/55
- Spanakopita 30/55
- Stuffed Mushrooms 35/65

TRAYS/PLATTERS

Platters small (6-8) Large (15-20)

CRUDITE OF VEGETABLE	35/70
CHEESE DISPLAY	40/80
Various domestic cheeses and assorted crackers	
CHEESE AND FRUIT DISPLAY	50/100
Domestic and imported cheeses, seasonal fruit, assorted crackers	
MIDDLE EAST MEZZA	60/120
Stuffed grape leaves, hummus, tabbouleh, baba ganoush, cucumber yogurt, chickpea salad, feta cheese, roasted tomatoes, marinated kalamata olives and assorted breads	
FRUIT DISPLAY	40/80
Seasonal Fruit	
IMPORTED DISPLAY	65/130
Imported meats and cheeses with artisan breads, crackers and chips	
CHARCUTERIE DISPLAY	75/150
Cheese, meats, pickled vegetables, dried fruit, jam, olives, crackers, artisan breads	

COMBINATION ITEMS

FEEDS 8-10/FEEDS 15-20

COMPLETE DINNER COMBOS PRE-COOKED OR RAW

THE BASICS BBQ 150/300

Burgers, frankfurters, coleslaw, chips, pickles and watermelon

NEW ENGLAND BBQ 200/400

Hickory BBQ chicken quarters, house blend burgers, frankfurters, coleslaw, tossed salad & potato chips

THE BELLA-Q 230/460

Hickory BBQ chicken quarters, house blend burgers, frankfurters, BBQ St. Louis ribs, sausage, corn on the cob, potato salad, garden salad, macaroni salad & tossed salad

THE THING KABOB 280/560

Chicken, beef, shrimp kabobs, caesar salad, penne pasta salad, potato salad, coleslaw, grilled vegetables & marinated tomato salad

THE CAB-BBQ 350/700

Sirloin steaks, chicken breast, dry rub St. Louis ribs & sausage, tomato mozzarella salad, grilled asparagus, roasted potatoes & mixed green salad

TAILGATOR GRANDE 199/399

Chicken wings, chicken tenders, potato skins, assorted pizza, mozzarella sticks, nachos, chili and sliders

TAILGATOR 190/380

Chicken wings, chicken tenders, potato skins, and assorted pizza

GETTING BAKED 280/560

Baked mac and cheese, baked haddock, green bean cassarole, potato au gratin and meatloaf

NEW ENGLAND CLAM BAKE MP market price

1.5lb lobster, steamers, New England clam chowder, sausage, boiled potatoes, onion, roasted chicken, sausage, coleslaw, watermelon & corn bread

SURF AND TURF MP

Grilled sirloin & the New England clam bake

THE LOBSTER BOIL MP market price

Lobster, corn on the cob, boiled red bliss potatoes, sausage, onion wedge, house salad & corn bread

LEMON CHICKEN 230/460

Lemon chicken quarters, baked penne marinara, rice pilaf, chef's vegetables and garden salad

CHICKEN SORRENTINO 230/460

Chicken sorrentino, baked tortellini, grilled vegetables, buttered orzo, tomato mozzarella salad and mixed green salad

CHICKEN SCARPARIELLO 220/440

Chicken scarpariello, lasagna, meatballs, chef's vegetables, herbed potatoes and caesar salad

ITALIAN FIESTA 240/280

Chicken parmesan, eggplant parmesan, baked tortellini, italian meatballs, roasted potatoes, vegetable medley, caesar salad, prosciutto wrapped asparagus and tomato mozzarella salad

CHICKEN PICCATA 220/240

Chicken piccata, penne alfredo, rice pilaf, garden vegetables and wild green salad

SEAFOOD NEWBURG 345/690

Seafood newburg, beef tournedos, baked tortellini, grilled vegetables, wild greens salad, tomato mozzarella and marinated asparagus

SURF & TURF II 410/820

Angus tips, baked haddock, baked penne alfredo, chef's vegetables, rice pilaf, spinach salad and marinated tomato salad

TENDERLOIN OF BEEF 440/880

Tenderloin medallions, chicken marsala, lobster ravioli, sherry cream sauce, eggplant rollatini, caesar salad, mixed green salad and mediterranean bites

PRIME RIB 400/800

Prime rib, shrimp scampi, chicken francaise, green bean almondine, au gratin potatoes, marinated asparagus salad, candied walnut gorgonzola salad, and grilled tuscan vegetables

DESIGN YOUR OWN HALF & FULL TRAYS

ENTRÉE

- Shack Caribbean Chicken 64/125
Chicken Kabobs 68/132
Chicken Parmesan 50/95
Chicken Marsala 65/130
BBQ Chicken Quarters 60/118
Chicken Picatta 65/128
Meatloaf 65/128
Shepherd's Pie 50/95
Moussaka 55/105
BBQ Ribs 75/145
Pork Mojo 55/105
Sausage 55/108
Marinated London Broil 120/238
Pork Souvlaki 65/128
Meatballs 50/98
Steak Tips 120/238
Beef Kabobs 85/168
Baked Haddock 70/138
Shrimp Scampi 75/148
Seafood Diavolo 95/188
Grilled Salmon 80/158
Seafood Medley 105/208
Lobster Mac and Cheese 85/168
Chicken, Pasta, Broccoli 55/108
Meat Lasagna 55/108
Chicken Alfredo 65/128
Baked Mac & Cheese 45/88
add Buffalo Chicken 58/114
Pasta Primavera 55/108
Penne Marinara 40/78
Ziti Alfredo 50/98
Cheese Raviolis 60/118
Stuffed Shells 55/108
Stuffed Cannelloni 55/108
Bolognese 65/128

SIDES

STARCHES

- Baked Potato 35/68
Twice Baked Potatoes 42/82
Sweet Potatoes 42/82
Roasted Potatoes 42/82
Lyonnais Potatoes 48/94
Potatoes Au Gratin 48/94
Garlic Mashed Potatoes 44/86
Rice Pilaf 35/68

VEGETABLES

- Candied Green Beans 60/118
Green Bean Almondine 70/138
Vegetable Medley 45/88
Root Vegetable Medley 54/106
Ratatouille 45/88
Grilled Tuscan Vegetables 50/98
Grilled Eggplant 53/104
Steamed Broccoli 44/86
Brussel Sprouts 50/98
Succotash 48/94
Brussels and Bacon 68/134
Asparagus 68/134
Blanched Carrots 44/86

PREPARED SALADS

- Cabby's House Salad 35/68
Caesar Salad 35/68
Greek Salad 45/88
Spinach Salad 45/88
Candied Walnut & Gorgonzola 50/98
Asparagus Salad 55/108
Grilled Vegetable Salad 50/98
Tomato & Mozzarella 46/90
Marinated Tomato 40/78
Antipasto Salad 60/118
Pasta Salad 45/88
Potato Salad 45/88
Coleslaw 35/68

BUILD YOUR OWN SANDWICH BAR Pick 3.....(Feeds 8-10) 159/ (Feeds 15-20) 315

BOXED LUNCH Pick 2.....240/480
Sandwich, Drink, Chips, Fruit & Cookie

Italian Meats

capicola, mortadella, genoa salami, oil & vinegar

Ham & Swiss

thinly shaved virginia baked ham stacked with swiss cheese, crisp lettuce, vine ripened tomato & honey dijon

Prosciutto & Tomato

shaved prosciutto with smoked mozzarella & marinated tomato

Smoked Turkey

smoked turkey, ancho chili mayonnaise & cheddar cheese

Turkey Avocado

smoked turkey, avocado mayonnaise, cheddar cheese & pico de gallo

Turkey BLT

turkey, bacon, lettuce & tomato aioli

Cape Cod Turkey

shaved turkey, cranberry compote & stuffing

Asian Turkey

sliced turkey, shaved cabbage, carrots, green onion & tomato, in a sesame dressing

Chicken Caprese

grilled chicken, tomato, fresh mozzarella, basil & balsamic drizzle

Traditional Chicken Salad

chicken and celery tossed in mayonnaise

Walnut Chicken Salad

chicken salad with walnuts, craisins and celery

Chicken Caesar

grilled chicken, caesar salad & croutons

Catalina Chicken

grilled chicken, mango aioli, avocado, alfalfa sprouts & cheddar cheese

Blackened Chicken

blackened chicken, bell pepper, shaved onion, swiss cheese & garlic spread

Boursin Roast Beef

shaved roast beef, boursin, shaved onion & tomato

Horseradish Beef

roast beef, tomato, lettuce, sharp cheddar & horseradish cream sauce

Caprese

sliced tomato, fresh mozzarella, basil, olive oil & balsamic

Monster Vegetable

alfalfa sprouts, tomato, avocado, bell pepper, green onion & cucumber, drizzled with red pepper spread

Greek

tomato, cucumber, pepperoncini, romaine, feta & olives, tossed in our signature greek dressing

Tabouli Cucumber

parsley, onion, tomato, mint, cucumber, scallion & quinoa, tossed in lemon vinaigrette

Tuna Salad

tuna, celery & mayonnaise

Tuna Poke

sesame soaked tuna & wakame

Shrimp Salad

poached shrimp, mayonnaise & lettuce

Crab Salad

imitation crab, celery and mayonnaise